



Perinatal Substance Use: Supportive Care for Infants, Mothers, and Staff

Tuesday, Aug. 27, 9:30 a.m. – 3 p.m. ET
Embassy Suites by Hilton

6089 Clarks Creek Rd | Plainfield, IN 46168 | 317-839-1106

Join your Indiana peer hospitals for a day focused exclusively on perinatal substance use and its significant impact on families, caregivers, and communities. We are honored to welcome some of the foremost experts from around the country to discuss innovative, supportive care approaches designed to improve outcomes for families and avoid staff burnout for those charged with caring for this vulnerable population.

Audience

CMOs, CNOs, maternal/child teams, neonatal teams, patient safety officers, risk managers, quality leaders, nursing caregivers and managers, case managers, care transition managers, social workers, and others responsible for patient safety. Teams are encouraged to attend.

Educational Objectives

At the end of the day, attendees will be able to:

- Apply practical strategies in their facilities to respond to the opiate epidemic within the maternal/child population
- Engage with local partners to identify strategies to address the perinatal substance use crisis
- Understand how a statewide approach to perinatal substance use can lead to infrastructure development for improved outcomes

Registration

Register by Aug. 19 at <http://www.cvent.com/d/lyqjtx/4W>

Registration Fee: \$50 per person, includes lunch

Payment Options: Payments can be made online by credit card. If paying by check, please indicate this payment option online and mail check by Aug. 19. Checks should be made payable to Indiana Hospital Association, 500 N. Meridian St., Suite 250, Indianapolis, IN 46204

Agenda

- 9:30 – 9:45 a.m. **Welcome, *Kristina Box, M.D., FACOG***
- 9:45 – 10:45 a.m. **The Opioid Epidemic Explained and Treated Through Attachment Theory, *Joanna Chambers, M.D.***
- This talk will focus on Attachment Theory as it relates to addictions. The origins Attachment Theory will be described along with important psychological impacts of early attachment. The neurobiological pathways of attachment will be described with a particular emphasis on the overlap with the addiction/motivation neurocircuitry. This shared neurobiology between attachment and addiction is crucial for understanding the origins and treatment of addictions. The pregnancy and the postpartum period bring certain biological changes that allow attachment to serve as a powerful intervention to addiction. Hence, the perinatal period is a vital time to intervene with both the mother and the infant in an integrated way to impact the intergenerational opiate epidemic. The neurobiology of Attachment Theory and addictions will be described in detail, leading to a new way of understanding prevention and treatment.
- 10:45 – 11 a.m. **Break**
- 11 a.m. – Noon **Looking at the Bigger Picture: Supporting Families from Trauma-Informed and Health Equity Approaches, *Lenora Marcellus, RN***
- Perinatal substance use is a complex health and social issue. In this session, we will examine the root causes of substance use for women and expand our understanding of the multiple interventions needed to address these root causes, including trauma-informed care, harm reduction approaches, and health equity-oriented services. She will share lessons learned by health and social care professionals over the past 30 years of practice in hospitals, public health, and child welfare across British Columbia, Canada.
- Noon – 1 p.m. **Lunch**
- 1 - 2:45 p.m. **State & Local Response to Perinatal Substance Use Disorders**
- In this session, attendees will learn how Indiana is identifying the scale of perinatal substance use (PSU) and creating resources for caregivers across the continuum of care. Data from Indiana’s pilot hospitals and an overview of tools developed by the IPQIC PSU Task Force will be presented. Perspectives and impact will be shared from a family’s lens along with demonstration how a hospital system’s approach and community collaboration are advancing empathetic care of this population.
- 2:45 – 3 p.m. **Improving Outcomes: Call to Action**
- 3 p.m. **Adjournment**

Speakers



Lenora Marcellus, RN

Associate Professor in the School in the School of Nursing, University of Victoria in British Columbia

Lenora is an Associate Professor in the School of Nursing at the University of Victoria in British Columbia. She has practiced as an RN for 35 years in a range of maternal-infant settings and roles. Her current research interests include perinatal substance use, neonatal opioid withdrawal, and supporting infants in foster care. She is a member of the Canada FASD Partnership Network Action Team on FASD Prevention from a Women's Determinants of Health Perspective, the Harm Reduction Nurses Association, and was a content expert with the

Vermont Oxford Network NAS iNICQ.



Joanna Chambers, M.D.

Associate Professor of Clinical Psychiatry and Clinical Obstetrics and Gynecology, Indiana University School of Medicine

Dr. Chambers is an Associate Professor of Clinical Psychiatry and Clinical Obstetrics and Gynecology at the Indiana University School of Medicine. She completed medical school at the Medical College of Georgia and a residency in Psychiatry in the Neuroscience Research Track at Yale University School of Medicine. She works with the perinatal population with an emphasis on women with substance use disorders, using Attachment Theory to improve mother-infant bonding in both IU Health and Eskenazi Health systems. In addition to her

clinical work, she participates in research on mother-infant attachment in an effort to improve outcomes of mothers with opioid use disorders and their infants.

Afternoon Panelists Include:

Maureen Greer

Indiana Perinatal Quality Improvement Collaborative
IDEA ITCA

Emerald Consulting

Christina Graham BA, RN, MSN, CNM, CSSBB

Outcomes & Performance Manager, Women and Newborns

Community Health Network

Brooke Schaefer MSN, FNP-C, RN

NP for the C.H.O.I.C.E. Program OB/GYN Care
Community Hospital East, Community Health Network

Deborah Evert, RN

*Performance Improvement/Clinical Informatics
Family Beginnings/Acuity Adaptable*

Eskenazi Health

Julie Goldsmith, BS, HACCP, Lean Six Sigma Black Belt

Quality Accreditation Specialist Neuro Service Line

Parkview Health, Parkview Regional Medical Center