

Keep soft objects, such as pillows and loose bedding, out of your baby's sleep area. For more information on SUID and safe sleep, visit www.in.gov/laboroflove

All by Myself: Infants should always sleep alone. Babies should not sleep with anyone or practice co-sleeping.

On my Back: Always place your baby on his or her back to sleep

In my Crib: Put babies on a firm sleep surface, like a mattress covered in a fitted sheet in a safety-approved crib

Ensure safe sleep for your child by practicing the A-B-Cs of infant safe sleep:

Safe Infant Sleep Practices



Patient Safety Awareness Week #SaferHoosiers

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