

# Collaborating to Improve Patient Care and Reduce Cost

From 2012 - 2014, 116 Indiana hospitals partnered with the Indiana Hospital Association (IHA) in the national *Partnership for Patients* campaign, an initiative aimed to make care safer by decreasing hospital-acquired conditions by 40 percent and reducing hospital readmissions by 20 percent.

In partnership with the American Hospital Association/Health Research & Educational Trust Hospital Engagement Network (HEN), IHA launched statewide quality improvement efforts to achieve the shared goal of making care safer and more patient-centered.

Participating hospitals contributed significantly to the initiative, bringing quality and patient safety to the forefront. Quality teams and frontline staff, with the support of executive teams, participated in educational meetings and trainings to increase improvement capacity in Indiana. Data tracking and reporting for each topic was another key component, encouraging further awareness and monitoring of the focused topics.

The national project showed preliminary progress in meeting its goals of reducing hospital-acquired conditions and readmissions. In a report released by the U.S. Department of Health and Human Services (HHS), an increased focus on reducing adverse events led to an **estimated 50,000 lives saved** due to initiatives, including the *Partnership for Patients*.

# Key Accomplishments

4,690 HARMS PREVENTED







The efforts and hard work of Indiana hospitals translated to 4,690 harms prevented in the 11 focus areas of the *Partnership for Patients*, resulting in an estimated \$22,340,000 in health care costs avoided during the three years of the initiative.

Early elective deliveries (EEDs) put mothers and babies at risk. In April of 2012, the IHA board of directors passed a resolution asking all hospitals in Indiana to adopt a 'hard-stop' policy. **Prohibiting the scheduling of early elective deliveries was reduced by 76 percent** during the *Partnership for Patients*, and more than 50 birthing hospitals were recognized by IHA and the March of Dimes for reducing EEDs below 3 percent.

Readmissions result from various factors, but many are preventable. By focusing on effective care transitions and other contributing factors, Indiana hospitals were able **to prevent 1,254 unnecessary readmissions with a cost savings of \$11 million.** 

Patients and their families are crucial partners in health care quality and safety. With support from the *Partnership for Patients*, IHA offered robust patient and family engagement education and resources to Indiana hospitals. These efforts translated to **three times more patients and/ or family members included on hospital committees across Indiana**.



Venous thromboembolisms (VTE) are a leading cause of complications and preventable hospital deaths. Patients with limited mobility may develop these blood clots that can travel to the heart or lungs, resulting in serious complications or death. Indiana hospitals **prevented an estimated 110 VTEs and saved more than \$2 million** through promoting best practices.

#### **11 Focus** Areas

**1** Adverse drug events

2 CATHETER ASSOCIATED URINARY TRACT INFECTIONS

**3** CENTRAL LINE ASSOCIATED BLOOD STREAM INFECTIONS

4 EARLY ELECTIVE DELIVERIES

5 FALLS

6 OBSTETRIC HARM

**7** PRESSURE ULCERS

8 READMISSIONS

9 SURGICAL SITE INFECTIONS

**10** VENTILATOR ASSOCIATED EVENTS

11 VENOUS THROMBOEMBOLISM

# We Don't Compete on Patient Safety

A key driver of improvement has been the collaboration among Indiana's 11 regional patient safety coalitions. Through coalition work, hospitals and other partners come together to address regional needs, share best practices and work on quality improvement projects together – setting aside competition to focus on their communities.



Exceptional partnerships and accomplishments in the coalitions have included:

- Engaging pharmacists in studying and preventing adverse drug events in multiple regions of Indiana
- Focusing around the early identification and treatment of sepsis and septic shock
- Identifying shared challenges and working together to ensure patients safely transition between points of care
- Fostering cultural transformation at all levels of organizations to embed a safety culture
- Promoting transparency throughout the state by sharing hospital-specific quality and patient safety data

# Looking Forward

IHA continues to support all efforts of quality improvement and patient safety through the Indiana Patient Safety Center (IPSC): a pillar of IHA dedicated to engage and inspire health care providers to create cultures of patient safety and reliable systems of care that will prevent patient harm. The work of the IPSC supports further advancement of the patient safety coalitions and statewide harm reduction campaigns with identified 2015 strategic priorities:

- 1. Lead all-inclusive, statewide quality and patient safety campaigns to continue harm reduction efforts
- 2. Foster the culture of patient safety in Hoosier hospitals to increase engagement of stakeholders and build high reliability organizations
- 3. Support the 11 regional patient safety coalitions to ensure sustainability and effectiveness in improving patient safety throughout the state
- 4. Participate in the anticipated Partnership for Patients HEN 2.0

The work continues – join us in our journey to zero harms.



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For more information about IHA's Indiana Patient Safety Center, please visit https://www.IHAconnect.org/Quality-Patient-Safety

To see a complete list of hospitals who participated in the IHA HRET HEN, please visit https://www.IHAconnect.org/Quality-Patient-Safety/Pages/Participants.aspx

